


* not available in bldg. 407

NSA MENU

WEEK OF JUNE 7TH THROUGH 11TH

	Monday 07 JUNE	Tuesday 08 JUNE	Wednesday 09 JUNE	Thursday 10 JUNE	Friday 11 JUNE
Morning Eye Openers 	cheese omelet, home fries 2 pieces of toast \$2.75	baked potato omelet \$2.95	pepper sausage gravy over biscuit \$2.95	French toast w/3 eggs & bacon or sausage links \$2.50	Spanish omelet home fries 2 pieces of toast \$2.75
Grilled Greats 	cheeseburger hoagie \$2.75 add French fries \$.75	grilled turkey sandwich w/ bacon ranch dressing \$2.75 add 8 oz soup \$.75	grilled chicken strips w/bacon on steak roll \$2.75 add onion rings \$1.10	hot dog w/chili or sauerkraut \$1.60	crab cake sandwich \$2.50
Healthy Choice 	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce
Specialty Station 	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60	pizza 8" tuna boat \$3.35 add 8 oz soup for \$.85	fried chicken baked potato bar \$1.75	pizza blt \$2.25	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60
Feature Vegetables 	carrot & celery amondine deviled onion fries	Italian green beans biscuit salad	chefs choice	green beans whipped potatoes w/gravy buttered corn Spanish rice	cream slaw steamed rice whole baby carrots
Daily Special 	hamburger bbq with 2 vegetables \$3.95	beef-a-roni with toast \$3.95	chef's choice	beef sukiyaki \$4.25	chicken & waffles \$3.95
Daily Special 	ham, potatoes & green beans \$3.95	chicken ala king w/choice of one vegetable \$4.25	taco salad \$4.25	hot pork sandwich w/2 vegetables \$4.25	chef's choice
Soup Du Jour 	split pea bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	tomato bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	beef vegetable bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	broccoli bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	du jour bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25

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NSA MENU

WEEK OF JUNE 14TH THROUGH 18TH

	Monday 14 JUNE	Tuesday 15 JUNE	Wednesday 16 JUNE	Thursday 17 JUNE	Friday 18 JUNE
Morning Eye Openers 	2 eggs 2 bacon or 2 sausage links 2 pieces toast home fries \$2.50	blueberry pancakes w/bacon strips or sausage links \$2.50	2 waffles 2 eggs 2 sausage links \$2.50	ham steak & eggs w/home fries and toast \$2.75	French toast w/two eggs & bacon or sausage links \$2.50
Grilled Greats 	grilled cheese with bacon \$2.75 add french fries \$.75	turkey burger \$2.35	grilled roast beef \$2.75	Italian cheese steak hoagie \$2.75	grilled tuna melt \$2.50
Healthy Choice 	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce
Specialty Station 	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60	pizza chicken salad sub \$2.70	potato bar \$1.75 fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60	pizza turkey bacon club \$3.70	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60
Feature Vegetables 	tossed salad collard greens potato salad	buttered corn spinach whipped potatoes w/gravy colonial style cabbage	glazed carrots macaroni & cheese stewed tomatoes onion rings	mashed potatoes & gravy peas red beets toss salad	chef's choice
Daily Special 	baked spaghetti with garlic toast \$3.95	chef's special	porkbbq sandwich w/1 vegetable \$3.95	hot turkey sandwich w/2 vegetables \$4.25	tuna casserole w/1 vegetable \$3.95
Daily Special 	bbq chicken w/2 vegetables \$4.25	stuffed chicken breast w/choice of 2 vegetables \$4.25	batter dipped fish w/2 vegetables \$4.25	baked lasagna w/garlic toast \$3.95 w/salad \$4.25	chef's choice \$3.95
Soup Du Jour 	chicken corn bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	potato bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	macaroni beef bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	ham & bean bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	seafood bisque bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25

NSA MENU

WEEK OF JUNE 21ST THROUGH 25TH

	Monday 21 JUNE	Tuesday 22 JUNE	Wednesday 23 JUNE	Thursday 24 JUNE	Friday 25 JUNE
Morning Eye Openers 	2 eggs 2 bacon strips or sausage links 2 pieces toast home fries \$2.50	hot cakes scrambled eggs & bacon strips or sausage links \$2.50	breakfast burritos \$2.95	French toast w/2 eggs & bacon or sausage links \$2.50	Western omelet home fries & 2 pieces toast \$2.75
Grilled Greats 	grilled Rueben sandwich \$2.75	Zeus gyro \$2.95	cheeseburger hoagie \$2.75 add French fries \$.75	turkey burger w/bacon \$2.75	Patty melt \$2.75
Healthy Choice 	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce
Specialty Station 	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60	pizza roast beef & cheese on a croissant \$2.75	fried chicken baked potato bar \$1.75	pizza turkey club \$3.70	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60
Feature Vegetables 	scalloped potatoes green beans& corn cauliflower	parsley potatoes green beans steamed rice wax beans	Mexican rice beets	Brussel sprouts corn whipped potatoes w/gravy	mixed vegetables cole slaw French fries
Daily Special 	veal steak w/2vegetables \$4.25	vegetable stir fry over rice \$4.00	taco salad (served in a 12" tortilla shell) \$4.25	chicken pot pie \$3.95	spaghetti & meatballs \$3.95
Daily Special 	beef porcupines w/2 vegetables \$4.25	garlic chicken w/2 vegetables \$4.25	chef's choice	baked meat loaf w/choice of two vegetables \$3.95	fish & fries \$4.25
Soup Du Jour 	ham & corn chowder bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	chicken noodle bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	Southwest bean bowl \$1.50 cup \$ 1.00 chili bowl \$1.70 cup \$1.25	beef noodle bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	clam chowder bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25

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NSA MENU

WEEK OF JUNE 28TH THROUGH JULY 2ND

	Monday 28 JUNE	Tuesday 29 JUNE	Wednesday 30 JUNE	Thursday 01 JULY	Friday 02 JULY
Morning Eye Openers 	Spanish omelet w/home fries & toast \$2.75	hot cakes scrambled eggs & bacon strips or sausage links \$2.50	pepper sausage gravy over biscuits 2 eggs \$2.95	French toast w/2 eggs& bacon or sausage links \$2.50	Western omelet Home fries& 2 pieces toast \$2.75
Grilled Greats 	Italian Steak \$2.75	cheddar burger w/bacon & sautéed onions \$2.75	pork bbq sandwich \$2.75	cowboy burger grilled mushrooms & onions, bacon, & Monterey Jack cheese \$2.75	home made crab cake sandwich \$2.50
Healthy Choice 	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce	salad bar w/fresh vegetables and fruit \$.25 per ounce
Specialty Station 	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60	pizza cold meatloaf sandwich \$2.70	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60 baked potato bar \$1.75	pizza Italian hoagie \$3.45	fried chicken breast \$1.70 thigh \$1.30 leg \$.80 wing \$.60
Feature Vegetables 	salad chef's choice steamed broccoli	peas sliced carrots stewed tomatoes buttered noodles	macaroni & cheese buttered corn mixed vegetables stewed tomatoes	mashed potatoes w/Gravy garden peas buttered corn bread stuffing	chef's choice tossed salad zucchini & tomatoes
Daily Special 	chef's choice	beef stroganoff \$4.25	batter baked fish w/choice of 2 vegetables \$4.25	chef's choice	chicken stuffing casserole w/1 vegetable \$4.25
Daily Special 	yakisoba w/2 vegetables \$4.25	pork chop w/2 vegetables \$4.25	chef's choice	roast turkey w/choice of 2 vegetables \$4.25	shrimp jambalaya w/1 vegetable \$4.25
Soup Du Jour 	cream of broccoli bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	turkey noodle bowl \$1.70 cup \$1.25	barley chicken chili bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	chicken noodle bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25	du jour bowl \$1.50 cup \$1.00 chili bowl \$1.70 cup \$1.25